

you. You see this face, indeed, in everything and everyone.

2005/1015:54:Every parent is an example of those who have chosen to love unconditionally at the expense of their own comfort, time and convenience. Certainly exemplars such as the Buddha, the one known as Jesus, and other gurus and masters of the spiritual path exist as obvious examples of those whose lives exemplify the choices of unconditional love.

2005/1015:58:It is your choice. How do you wish to express the love that created you? What do you feel is the truth and the heart of your being? Do you wish to follow entities such as Jesus the Christ, Gautama Buddha, or that guru that speaks to you of unconditional love? Or do you wish to follow those exemplars of the negative path which will teach you how to purify your ego and create a universe in which all things lead to you, and all other entities exist to serve you?

2011/0402:7:The teachings of the one known as Jesus appeal to those who enjoy the feeling of an open heart, a heart open to love. The teachings of the one known as Siddhartha appeal to those who seek wisdom. Yet, the compassionate follower

of Christ and the compassionate follower of Buddha meet in the middle where love and wisdom are balanced. Consequently, either path is sound and useful. And we might suggest to those who are Buddhist or Hindu and have followed the path of the Buddha for their lifetime that they investigate what it is to follow the teachings of the one known as Jesus. It is equally useful for those who have followed the teachings of Jesus over the period of their lifetime to investigate and enter into the teachings of the one known as Siddhartha.

2011/0402:8:Remember that it is not to the extreme that awareness comes, but to the one who has been able to balance the energies of love and the energies of wisdom. The lifetime of the one known as Siddhartha was one in which the wealthy man became poor, the active man became quiet, the leader of armies retired from the lists and developed the habits of sitting in meditation and ferrying people across a river. Humble and modest, the Buddha was not led by intellect but by his hunger and his thirst for the presence of the infinite One.

Love Buddha

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1974-2019

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1 Introduction

This is an extraction of the L/L Research works that contain the words Buddha and Love in the same line. Each line begins with the year and date of the transcript and line number from which it was extracted. To see the original transcript please visit <https://llresearch.org/channeling/YYYY/MMDD> for the session. For example the first session references is at <https://www.llresearch.org/channeling/1987/0913>

It is important to note that the L/L Research Channelings have a pro-Christian bias, as some of the main participants, especially Carla were themselves Christian, and live in a Christian milieu of Louisville, Kentucky. As mentioned at various times, that conscious channeling has a purity of up to 80% so, 20% or more is the bias of the channel.

That said, there is a valid path through Buddhism to ascending on the service-to-others path with an open heart. While it is true that Theraveda and most Mahayana branches such as Zen pay little or no mind to the heart at all, and so the criticism of mainline buddhism as mostly a wisdom teaching from Q'uo via the Louisville group is ostensibly correct, however there is an undercurrent in Buddhism that does embrace the heart and love of the One Infinite Creator, as expressed through Avalokitesvara, and particularly in the Tantric

Vajrayana schools of Tibet, such as Nyingma teachings of Padmasambhava and Dzogchen.

For example Vajrakilaya is a meditational diet prominent in Nyingma buddhism which is about destroying obstacles to compassion, which in western terms is forgiveness.

Avalokitesvara is the source of love and compassion and created the world, which can be considered in western terms God, or the One Infinite Creator.

There are many forms of loving kindness meditation in Buddhism, all of which act upon opening and refining the heart chakra, as well in some forms channeling the love of the one infinite creator for healing the world.

In Dzogchen buddhism there is a not uncommon phenomena known as 'rainbow body' where one cultivates forgiveness, compassion and unconditional love of every thought, feeling, word and action, for 8 or more years and one becomes able to transform their body into a rainbow body or light body, similar to that of Jesus's resurrected body, and they are likewise able to visit their followers after their body has been thus transformed.

So please, if you are Buddhist or of Buddhist inclinations, do not feel you need to 'convert' to Christianity or anything like that, as it has many issues I rather not delve into here. Rather simply go with your heart and embrace that which works for you.

As L/Leema has said: "1986/0504:11:Are you a Christian? Are you a Buddhist? Are you a Confucian? Does your path lie with the Sufis? Have you found the Confederation of Planets to be closest to your own path? Very well. Whatever your choice, ac-

knowledge it and do not look back, for the choice of one path and the following of it faithfully are most important. We suggest that you follow it not only with energy, but with discrimination, gazing with joy upon the example of the entity or entities whom you have found to be fullest of Christ [Divine] consciousness.”

This passage is a good one, though you can see where Christ Consciousness is used as a filler which in more neutral terms would be divine consciousness.

Anyhow, so below is the excerpts from the L/L archives which contain to the words Buddha and Love. Notably the entities being channeled could not draw upon concepts like avalokitesvara since the channelers had no idea about them.

2 Excerpts

1987/0913:21:It is our bias that the life of the one known as Jesus the Christ is perhaps the most artistic realization of the nature of undistorted love indwelling in the third-density illusion. It is felt by us that the teachings of the ones known as the Buddha [Siddhartha] and Lao Tsu were those teachings which might well appeal more to those entities who are attempting to learn the lessons of wisdom. It has always been the nature of consciousness that it is eager, as eager as a horse at the beginning of a race, as eager as a lover at the onset of a tryst, for more knowledge and more experience of the one infinite Creator. The wisdom teachings are most eloquent, yet there is the lack of communication caused by the one known as Siddhartha's lack of desire to communicate faith and love to those which are to a great extent still unawakened to wisdom.

1989/0430:30:Encourage yourself in your pilgrimage and love one another. And although you need not believe in Jesus Christ or Buddha Christ or whomever, we ask that you have a consciousness of faith and live a life of faith to create that which you were born to be—a living string in the plangent tonality of infinite love.

1993/0314:3:Now, spiritual pride is focused upon both by your eastern religious systems and your western religious systems. For instance, the one known as the

Buddha is said to have found all of the various items of doing such as serving as a prince or king and loving and being loved to fill him up not with the fullness which true worship brings but with the growing observation that all of each activity and way of expressing the self within the life pattern was prideful folly. In this mythical story the Buddha at last is cast as a ferry man rowing other seekers across a river from one side to another, a man content at last with the fullness of everlasting change.

1993/0323:8:Now a life in faith may seem to demand the acceptance of some culturally chosen holy or worshipped individual such as the Buddha or the one known as Jesus. This is not so in that such ones as Buddha or Jesus the Christ spoke clearly to indicate that they were speaking not of themselves but of the mystery which the one known as Jesus called Father, or more familiarly, Daddy. This Father/Mother Creator has sent each inspired and inspiring historical figure into a troubled world to bear witness to the light and the love of the infinite Creator. The one known as Jesus said, “If you hear me, you hear not me but my Father who speaks through me.”

1993/0924:8:Given that aspiration and intention, the next question is, “How do I implement this?” You alone cannot implement it. You connected to all that is are empowered to implement joy, peace and harmony So the next step is to invite in whatever help there may be, each in your own way, invoking Jesus or the Buddha, asking God's help. Silently voice your prayer that you may become an instrument for healing and love in this world—not for your own ego, but in service to all; not for your own glory, but that your service may be offered back to God in grateful thanks. For you are but a reflection of that divinity—divine in your own right, but taking your light from that most brilliant and perfect light, and with rejoicing, returning that light, ever brighter, ever clearer. I will pause again, then, so that you may voice your prayer in your own words.

1993/0925_01:34:Q'uo spoke of the line of love and wisdom, which is precisely that horizontal and vertical line that I have mentioned, and that eventually you must come to combine the two, living at the in-

tersection of that horizontal and vertical line, the center of the cross, the Christ Consciousness or Buddha Consciousness or Cosmic Awareness that is God.

1993/0925_02:10:What I ask for myself is three challenges. First, “Are you that energy that I have come to know as Aaron, that identical energy?” I get a “yes” on that. “Do you come in service to the principle of love and service to all beings?” And finally I ask it, “Do you come as a disciple of Jesus Christ and the Buddha?” If I'm not channeling to a big group, I simply say three times, “Aaron?” and get a “yes” three times, so I don't always go through that procedure formally.

1996/1123:59:I am Aaron. My love to you all. Bring yourselves into your body. I request that you allow yourselves the experience of the inhale and the exhale—to come deeply into your body for this particular meditation. I would like you to feel that inhalation and exhalation in the belly. Breathe in ... belly breath ... feel the breath coming into the abdomen and then breathe out. Let the body be soft and open. Now, let attention move upwards from the body to the heart. This living heart is the core of your being. The brain is the servant. It is in the heart where the true Christ or Buddha self dwells.

2001/0211:11:Therefore, there is a tremendous appeal to the peaceful rounds of, shall we say, the wisdom aspect of Buddhism. Buddhism takes a far more distant view than either Christianity or the Oriental religions of suffering. In positing the reality of suffering within the world, Buddhism's only prayer is that it end. It gazes at that which a heart-centered religion would find full and sees it as empty. It gazes at the everyday round that the Oriental religions see as holy and finds that everyday round to be completely illusory. And, therefore, it is focused upon the reduction of suffering, the reduction of confusion, and the welcoming of nothingness, that nothingness being held as a holy thing and greatly to be prized. As this instrument said earlier, “First there is a mountain. Then there is no mountain.” It is the hope of one who seeks along the path of Gautama Buddha to become able to gaze at all of the passing scene and see nothing, as opposed to the Christian hope

of gazing at the passing scene and seeing the Christ or love, and the Oriental or Shinto hope of looking at the passing scene and seeing value and worth in the thing itself.

2002/0505:12:Each of you has one central service in common and that is the ministry of essence. The task of each that is primary is simply to be yourself. It always seems as though one must do something in order to be of service and yet as we have said many times through this instrument, it is in how you are within yourself that you serve in the greatest capacity since each of you is as the crystal that transmutes and sends forth the light that is received from the infinite Creator. Each of you is an unique crystal, then, which can allow the light to flow into the Earth plane in just such and such a way that is unique to you. And when your heart is open and the light is flowing through you and you feel transparent to that energy, then it is that the most beautiful light of all colors, depending upon the personalities involved, is able to move into that grid that this instrument has sometimes called the Christ grid and which others have called the grid of unconditional love or the Buddha. This grid is that web of light, that pattern of love, that is beginning to stabilize fourth density upon your planetary sphere. Each of you is doing tremendous work for those who shall come after you, sowing seeds of light and seeds of love whose blossoms you shall not see, for you shall move on. Yet those who come after you will be able to do as they do because of reaping the harvest that you now sow with each loving thought and each contact made in love and in light.

2003/0209:50:And thus, even in those moments when you have no faith, when you have no belief, the structure exists. And this is a structure that loves you. It is a structure that has an identity. You can think of that identity as the Christ self. You can think of that identity as your Buddha nature. You can think of that identity as the part of yourself that is the one infinite Creator, such that when you are looking into the mirror, you see the face of the one infinite Creator. You see this face when you look into the faces of others. You see this face in the environment all around